



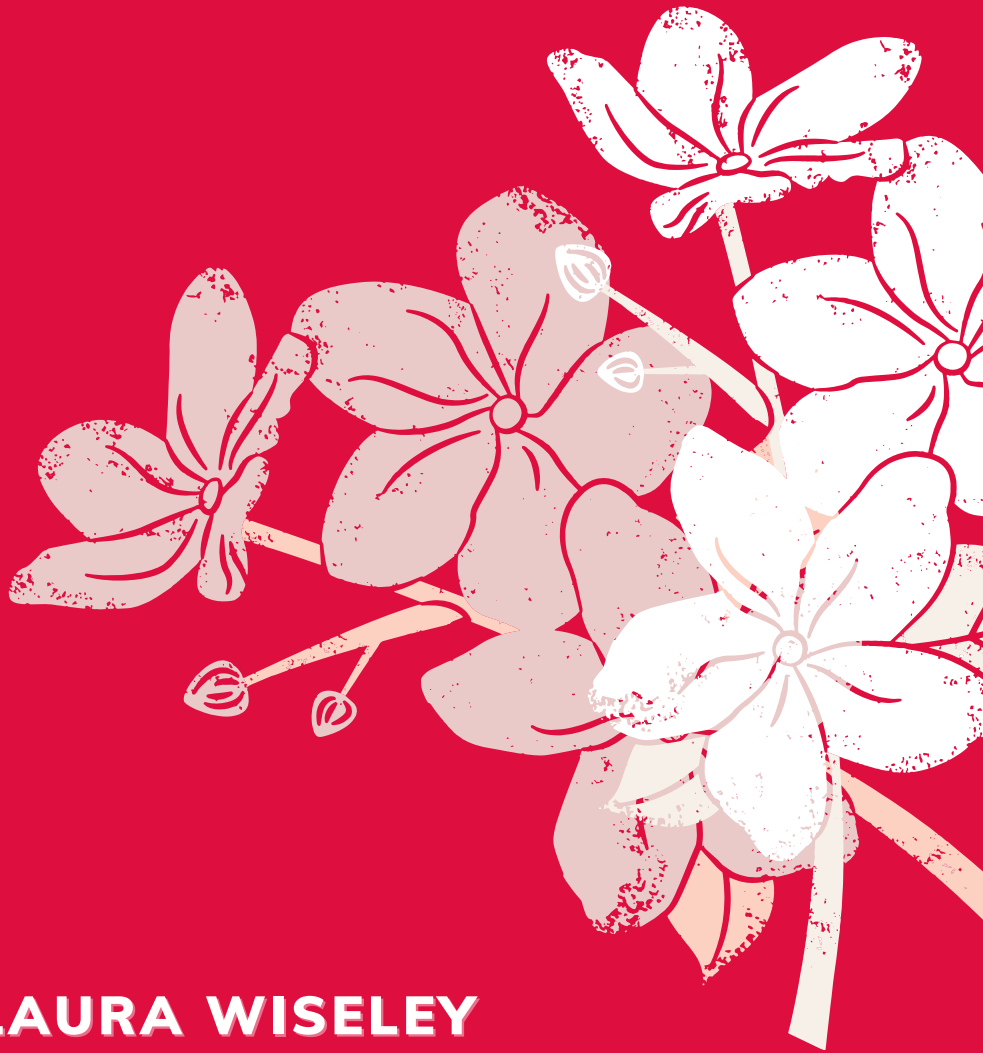
**NORTHWEST RENAL DIETITIANS
ANNUAL CONFERENCE**

MARCH 6 & 7, 2025

SEATTLE, WA

Renaissance Seattle Hotel

The Symphony of Renal Health: Harmonizing for Patient Vitality
with an emphasis on the cuisine & culture of the Philippines



Northwest
RENAL DIETITIANS

WEB: www.NWRDonline.org

TWITTER: @NWRDconference

EMAIL: NWRDonline@gmail.com

2025 PRESIDENT: LAURA WISELEY

2025 CO-CHAIRS: FIONNA MARAVE & KAT MATIAS

2025 PROGRAM

2025 NWRD Annual Conference Agenda

The Symphony of Renal Health

March 6 & 7

Seattle, Washington

7:00 – 7:45 **REGISTRATION/BREAKFAST**

7:45 – 8:00 **WELCOME**

8:00 – 9:00 Keynote Speaker: Thessa Obrero Churillo, RD, CSR
Filipino Kulinarya Cuisine and CKD
Renal Dietitian, University of Virginia/Morrisons Healthcare

9:00 – 10:00 Food Demo of Kidney-Friendly Filipino Cuisine
Aaron Verzosa - Co-Owner/Chef, Archipelago restaurant

10:00 – 10:30 **Snack Break & EXPO Hall Exhibits & Posters**

10:30 – 11:30 Collaboration Cuisine
Michelle Rowlette, MSW, LICSW
Social Work Supervisor/CKD Program Lead, Puget Sound Kidney Centers

11:30 - 1 pm **Lunch & EXPO Hall Exhibits**

1:00 – 2:00 Beyond Motivational Interviewing? Creative Ways to Teach Patients
& Help Them Change
Sara Prato, MS, RDN, CSR
Registered Dietitian Nutritionist, Certified Specialist in Renal Nutrition
The CKD Dietitian

2:00 – 3:00 Dialysis and Pregnancy
Andy Brockenbrough, MD
Staff Nephrologist, Valley Medical Center

3:00 – 3:30 **Snack break/Exercise (Filipino dance)**

3:30 - 4:30 The Complete Symphony: Valuing Every Role in Dialysis and Nutrition
Moderator: Katy Wilkins, RD
Retired Manager, Nutrition & Fitness Services, Northwest Kidney Centers
Panel: Kelsey Sprague, CCHT, Daisy Sanchez, CCHT, Randy Yim, Patient
partner, Denise Saclolo, RN, Scott Osorio, CCHT

Northwest
RENAL DIETITIANS
March 6 & 7, 2025

**EVENING
EVENTS**

4:30 - 5:30 pm

Happy Hour

**EXPO Hall
Exhibits &
Posters**

**6-8 pm
Networking
Dinner**



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8:00 – 9:00

Caring for Our Kababayan: Empowering Healthcare Professionals Through Cultural and Psychological Understanding

Dr. Marinette Asuncion-Uy, Psy.D., Clinical Psychologist
Licensed Clinical Psychologist, Calm Mind Center, LLC.

9:00 – 10:00

How to Talk About Food: Best Practices for Culturally Appropriate Conversations

Breana Killeen, MPH, RD (virtual)
Senior Food Editor, Food & Wine

10:00 - 10:30

Snack Break & EXPO Hall Exhibits & Posters

10:30 – 11:30

Gout & Kidney Disease

Jo Ann Antenor, PhD, MPH
Regional Medical Director, AMGEN

11:30 – 12:30

AI & Kidney Disease

Grace Scarborough, RDN, CD
CKD Program Lead/ Renal Dietitian, Puget Sound Kidney Centers

12:30 – 1:30

Lunch & EXPO Hall Exhibits & Posters

1:30 – 2:30

Dietary Sodium Intake in Chronic Kidney Disease: A Shifting Target?

Benjamin Lidgard, MD
Assistant Professor of Medicine
University of Washington Department of Medicine, Division of Nephrology

2:30 – 2:45

Snack break/Exercise (Filipino dance)

2:45 - 3:45

Bridging the Transplant Divide: Challenges and Opportunities for Collaboration Between Renal Dietitians

Cory Zenner, RD
Registered Dietitian, University of Washington

3:45 - 4:00

Wrap Up: Password for Online Evaluation & CPEU Certificates

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RENAL DIETITIANS

March 6 & 7, 2025



THANK YOU
FOR JOINING US!

2025 NWRD
Program Co-Chairs:

Fionna Marave RD
&
Kat Matias
RD, CSR, CD

Networking Dinner

**Join us for Networking and a Filipino
Kamayay-Inspired Dinner**



Thursday, March 6th

6 p.m. - 8 p.m

Renaissance Seattle Hotel

Cost: \$50*

***Pay in advance with conference registration**

Alcoholic beverages are not included in the price



NWRD 2025 Exhibitors and Posters

Gold



Silver



Bronze



Base



Posters



To Register

- Opens: January 15th - February 15th, 2025
- Go to: www.NWRDOnline.org
 - Register and pay online
 - Make your lodging reservation, if needed

Fees:

- \$200 - In-person - Both days
- \$120 - In-person, One day
- \$50 - In-person, Both days (U.S. Dietetic Interns)
- \$50 - In-person, Both days (U.S. RD Retirees)
- \$50 - Thursday Evening Networking Dinner

CPEUs

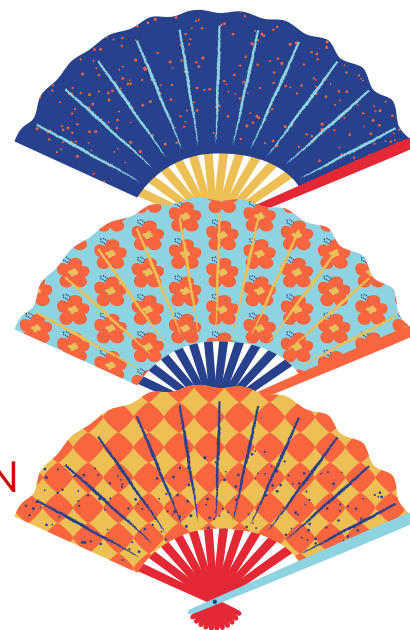
The following Continuing Professional Education Units (CPEU) are pending approval by the Commission on Dietetics Registration (CDR):

12 - Lectures
1 - Posters

Total: 13 CPEUs

2025 NWRD Board & Planning Team

President:	Laura Wiseley MS RD CSR
Vice President:	Geri Jennings RD CD
Treasurer:	Lu Anderson MS RD
Secretary:	Lara Sokoloff MS RD
Program Co-Chairs:	Fionna Marave RD Kat Matias RD CD CSR
Website:	Melissa Mroz-Planells DCN RDN Dani Renouf MS RD Kayla Scherf MFCS MSIHM RDN LDN



NWRD 2025

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