

Nutrition Management of Pregnancy in Women on Dialysis

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Background: Pregnant women with end stage renal disease on dialysis have specific nutrition needs that differ from the general population of dialysis patients [1].

Clinical Case: A 32-year-old patient became pregnant while on dialysis. Her medical nutrition therapy included close monitoring of her labs, frequent discussions with the patient and good communication with her doctor and care team members.

Outcome: The patient had a successful pregnancy.

Reference: [1] Esposito, P., Garibotto, G., Picciotto, D., Costigliolo, F., Viazzi, F., Conti, N. Nutritional Challenges in Pregnant Women with Renal Diseases: Relevance to Fetal Outcomes. *Nutrients*. 2020 Mar 24;12(3):873. doi: 10.3390/nu12030873. PubMed Central PMCID: PMC7146629. PubMed PMID: 32213942.